FIVE TIPS for SUCCESS

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1. **BE PROACTIVE**
Request any accommodations you’ll need in advance. Pay attention to Student Life Disability Services and university deadlines.

2. **GET ORGANIZED**
Map out the dates for all of your assignments and exams. Schedule recurring times to study/work.

3. **ADVOCATE FOR YOURSELF**
Know your strengths and needs and communicate them. Everyone has a right to equal access. If issues arise, reach out ASAP.

4. **USE YOUR RESOURCES**
There are so many resources on campus to help you succeed. Not sure where to turn? Ask!

5. **TAKE CARE OF YOURSELF**
Sleep. Eat well. Exercise regularly. Talk to a friend or mentor. Go for a walk. Find ways to unplug and relax.